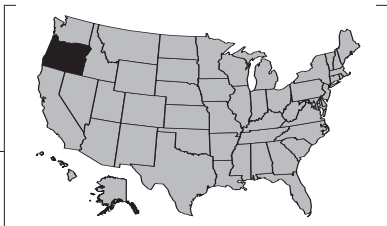


The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005



Oregon

All statistics are based on parental reports.

	National %	State %
Percent of children who are overweight	14.8	14.1
Age 10-11	21.9	16.2
Age 12-14	14.4	13.7
Age 15-17	10.7	13.2
0-99% Federal poverty level	22.4	27.5
100-199% Federal poverty level	19.0	18.2
200-399% Federal poverty level	13.7	9.9
400% Federal poverty level or more	9.1	11.8
Male	18.1	16.5
Female	11.5	11.7
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week	71.3	77.0
Age 10-11	78.2	81.6
Age 12-14	74.2	80.4
Age 15-17	63.3	69.9
Male	76.8	79.9
Female	65.6	74.0
Percent of children who were on a sports team or took sports lessons during the past 12 months	58.6	62.0
Age 10-11	61.5	65.9
Age 12-14	61.6	60.5
Age 15-17	53.4	60.7
Male	62.1	66.4
Female	55.0	57.4
Percent of children with at least one parent who exercises regularly	72.9	78.9